

NEW ZEALAND ICE FIGURE SKATING ASSOCIATION INC.
2016 New Zealand National Ice Figure Skating Championships
2016 New Zealand Adult Ice Figure Skating National Championships

TECHNICAL ANNOUNCEMENT

GENERAL REGULATIONS:

The New Zealand National Ice Figure Skating Championships will be conducted in accordance with the 2016 ISU Regulations and current ISU Communications for Figure, Dance and Synchronised, and in accordance with the latest issue of the NZIFSA Rules & Regulations. Singles, Pairs, Ice Dance, Synchronised Skating and Adult Skating will be judged using the ISU Judging System.

MUSIC: All competitors shall provide music in the format requested by the organizing committee (this information is to be circulated at a later date). This must contain only one track and must be marked as follows:

Competitors Name
 Championship Section (e.g. Primary Ladies)
 Program Identification (e.g. Short Program)
 Exact running time of music (not skating time)

TECHNICAL DATA:

All Championship events and Official Practices will take place at Alpine Ice, Opawa, Christchurch, an indoor, artificial rink with an ice surface of **56m x 26m** metres.

ELIGIBILITY:

Refer to the following Rules from the 2016 NZIFSA Rules & Regulations:

SINGLES, PAIRS, ICE DANCE, ADULT Rules 205, 206, 216, 227, 228
and SYNCHRONISED Rules 205, 206, 216, 227, 603

For the New Zealand National Championships, skaters/couples must not have competed in a higher grade - locally, nationally or internationally. The exception to this is the Junior grade if the skater is eligible under Rule 228.1.

Guest competitors from other ISU Federations are to skate in the equivalent grade as they compete in at competitions within their own country or internationally.

Specifically note the following eligibility requirements:

SINGLES

JUVENILE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 1 (Preliminary) Free Skating and a minimum of Test 2 (Inter Bronze) Stroking;
- ii. have not reached the age of twelve years before the 1st July immediately preceding the championship;
- iii. have met the minimum TES points of 7.50 at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

PRE-PRIMARY Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 2 (Inter Bronze) Free Skating and a minimum of Test 3 (Bronze) Stroking;
- ii. have not reached the age of sixteen years before the 1st July immediately preceding the championship;
- iii. have met the minimum TES points of 8.00 at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

PRIMARY Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 3 (Bronze) Free Skating and a minimum of Test 4 (Inter Silver) Stroking;
- ii. not reached the age of fourteen years before the 1st July immediately preceding the championship;

- iii. have met the minimum TES points of 9.25 (Ladies) or 10.00 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

INTERMEDIATE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 3 (Bronze) Free Skating and a minimum of Test 4 (Inter Silver) Stroking;
- ii. have met the minimum TES points of 9.25 (Ladies) or 10.00 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

NOVICE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 4 (Inter Silver) Free Skating or have passed the Novice Competitive test and a minimum of Test 5 (Silver) Stroking.
- ii. have met the minimum TES points of 20.25 (Ladies) or 25.50 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

JUNIOR Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 5 (Silver) Free Skating or have passed the Junior Competitive test and a minimum of Test 6 (Inter Gold) Stroking.
- ii. have met the minimum TES points of 24.50 (Ladies) or 35.50 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

SENIOR Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 6 (Inter Gold) Free Skating or have passed the Senior Competitive test and a minimum of Test 7 (Gold) Stroking.
- ii. have met the minimum TES points of 33.25 (Ladies) or 48.00 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

ADULT SKATING SINGLES

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include.

BRONZE I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st of July preceding the championship.

BRONZE II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

SILVER I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

SILVER II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

GOLD I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

GOLD II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

ELITE I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

ELITE II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

ELITE III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

NOTE: Men and Ladies will be judged separately.

ADULT INTERPRETIVE

BRONZE I INTERPRETIVE Championship is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st of July preceding the championship.

BRONZE II INTERPRETIVE Championship is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III INTERPRETIVE Championship is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

SILVER I INTERPRETIVE Championship is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

SILVER II INTERPRETIVE Championship is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III INTERPRETIVE Championship is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

GOLD I INTERPRETIVE Championship is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

GOLD II INTERPRETIVE Championship is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III INTERPRETIVE Championship is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

NOTE: Men and Ladies will be judged separately.

An Adult skater can only enter in one level of Adult Free skate but may also enter in the Adult Interpretive Event.

PAIR SKATING

JUVENILE Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 1 (Preliminary) Pair Skating Test and Test 2 (Inter Bronze) Stroking Test and have met the minimum TES points of 6.50 at a Club or Regional Championship in accordance with Rule 205.1.

PRE PRIMARY Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 2 (Inter Bronze) Pair Skating Test and Test 3 (Bronze) Stroking Test and have met the minimum TES points of 7.00 at a Club or Regional Championship in accordance with Rule 205.1.

PRIMARY Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 3 (Bronze) Pair Skating Test and Test 4 (Inter Silver) Stroking Test and have met the minimum TES points of 8.50 at a Club or Regional Championship in accordance with Rule 205.1.

NOVICE Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 4 (Inter Silver) Pair Skating Test or have passed the Novice Competitive test and Test 5 (Silver) Stroking Test and have met the minimum TES points of 23.25 at a Club or Regional Championship in accordance with Rule 205.1.

JUNIOR Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of the Test 5 (Silver) Pair Skating Test or have passed the Junior Competitive test and Test 6 (Inter Gold) Stroking Test and have met the minimum TES points of 36.75 at a Club or Regional Championship in accordance with Rule 205.1.

SENIOR Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of the Test 6 (Inter Gold) Pair Skating Test or have passed the Senior Competitive test and at least the Test 7 (Gold) Stroking Test and have met the minimum TES points of 43.75 at a Club or Regional Championship in accordance with Rule 205.1.

NOTE: There are no age restrictions on the above pair skating grades.

ADULT PAIRS

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include.

NOTE: In Pair Skating, where couples bridge the age group the elder skater of the partnership must skate in the younger age group.

BRONZE I Championship for Pair Skating is open to skaters who have reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

BRONZE II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

SILVER I Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

SILVER II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

GOLD I Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

GOLD II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

ELITE I Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

ELITE II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

ELITE III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

ICE DANCE

JUVENILE Championship for Ice Dance - Both skaters must have a minimum of Test 1 (Preliminary) Dance at the close of entries and have met the minimum TES points of 12.25 at a Club or Regional Championship in accordance with Rule 205.1.

PRE PRIMARY Championship for Ice Dance – Both skaters must hold a minimum of Test 2 (Inter Bronze) Dance medal at the close of entries and have met the minimum TES points of 16.50 at a Club or Regional Championship in accordance with Rule 205.1.

PRIMARY Championship for Ice Dance - Both skaters must have a minimum of Test 3 (Bronze) Dance at the close of entries and have met the minimum TES points of 18.00 at a Club or Regional Championship in accordance with Rule 205.1.

NOVICE Championship for Ice Dance - Both skaters must hold a minimum of Test 4 (Inter Silver) Dance or have passed the Novice Competitive Dance test at the close of entries and have met the minimum TES points of 18.25 at a Club or Regional Championship in accordance with Rule 205.1.

JUNIOR Championship for Ice Dance - Both skaters must hold a minimum of Test 5 (Silver) or have passed the Junior Competitive Dance test at the close of entries and have met the minimum TES points of 32.50 at a Club or Regional Championship in accordance with Rule 205.1.

SENIOR Championship for Ice Dance – Both skaters must have a minimum of Test 6 (Inter Gold) Dance or have passed the Senior Competitive Dance test at the close of entries and have met the minimum TES points of 41.25 at a Club or Regional Championship in accordance with Rule 205.1.

Norman Wright Waltzing Trophy - is open to all grades, but couples must be husband and wife, father and daughter, mother and son or brother and sister.

New Zealand Waltzing Trophy- is open to all couples.

NOTE: There are no age restrictions on the above ice dance grades.

ADULT ICE DANCE

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their

skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include

BRONZE I Championship for Ice Dance is open to skaters who have reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

BRONZE II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

SILVER I Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.

SILVER II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

GOLD I Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.

GOLD II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

ELITE I Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.

ELITE II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

ELITE III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

SYNCHRONISED SKATING

JUVENILE - A team of 9 to 16 skaters. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking or Test 0 (Elementary) Ice Dance at the close of entries and the team must have competed at a Club or Regional Championship in accordance with Rule 205.1.

MIXED AGE - A team of 8 to 16 skaters. There are no age limits. All skaters on the team must hold a minimum of Test 1 (Preliminary) Stroking or Test 1 (Preliminary) Ice Dance at the close of entries and the team must have competed at a Club or Regional Championship in accordance with Rule 205.1.

NOVICE – A team of 9 to 16 skaters. At least 75% of the skaters must be aged 15 or under before the 1st of July immediately preceding the championship. All skaters on the team must hold a minimum of Test 1 (Preliminary) Stroking or Test 1 (Preliminary) Dance at the close of entries and the team must have competed at a Club or Regional Championship in accordance with Rule 205.1.

JUNIOR - A team of 9 to 16 skaters. At least 75% of the skaters must have reached the age of 12 but not have reached the age of 19 before the 1st of July immediately preceding the championship. All skaters on the team must hold a minimum of Test 2 (Inter Bronze) Stroking or Test 2 (Inter Bronze) Ice Dance at the close of entries and the team must have competed at a Club or Regional Championship in accordance with Rule 205.1.

SENIOR - A team of 9 to 16 skaters. At least 75% of the skaters must have reached the age of 14 before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 3 (Bronze) Stroking or Test 3 (Bronze) Ice Dance at the close of entries and the team must have competed at a Club or Regional Championship in accordance with Rule 205.1.

ADULT SYNCHRONISED SKATING

ADULT - A team of 8 to 16 skaters. Skaters must be 25 years of age or older before the 1st of July immediately preceding the championship. 25% of the skaters may be less than 25 years but must be 18 years of age or older before the 1st of July immediately preceding the championship. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking, Test 0 (Elementary) Pattern Dance, Test A0 (Adult Elementary) Stroking, or Test A1 (Adult Preliminary) Pattern Dance at the close of entries.

Each team may have a maximum of four (4) alternates on the team roster and they must be listed as such.

TABULATION: Placing will be tabulated in accordance with the ISU Judging System

PROGRAM TIMING:

For singles, pairs, synchronised skating, and ice dance, the program timing starts from the moment the skater(s) begin to move or skate until arriving at a complete stop at the end of the program. For free programs, competitors are allowed to finish their program within plus or minus ten seconds of the required time.

REQUIREMENTS**SINGLES**

For all grades new ISU Communications will not be valid for New Zealand competitions that commence within two weeks of the date of publication.

In both short and free programmes, there will be a 1 point bonus added to the total segment score for all skaters who attempt the following jumps provided that they are not called as downgraded (<<). The bonus applies each time the jump is executed.

Juvenile	Double Jumps
Pre Primary	2Lo, 2F, 2Lz
Primary/Intermediate	2A
Novice	2A and Triple Jumps
Junior	Triple Jumps
Senior	3A and Quadruple Jumps

SHORT PROGRAMME REQUIREMENTS**NOVICE, JUNIOR and SENIOR**

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice, Junior and Senior respectively.

FREE SKATE PROGRAMME REQUIREMENTS**SENIOR**

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.

JUNIOR

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.

NOVICE

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice.

INTERMEDIATE

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice B.

PRIMARY

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice B.

PRE PRIMARY

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice A.

JUVENILE

Duration: 2 minutes 15 seconds +/- 10 seconds

A well-balanced Juvenile programme must contain a **maximum of 7 elements**:

- A **maximum of four (4) jump elements**, one of which must be an axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult will be counted.
Triple jumps are not permitted. Any single and double jump (including Double Axel) cannot be executed more than twice in total.

- A **maximum of two (2) different spins of a different nature (abbreviation)**, one of which must be a spin combination with or without a change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without a change of foot (minimum of six (6) revolutions in total).
- **One (1) step sequence** fully utilising the ice surface.

NOTE 1: For Juvenile, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

NOTE 2: Falls in Juvenile grade to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

NOTE 3: For those skaters who perform a waltz jump as their 'Axel-type jump', the jump will be called an Axel – no value.

ADULT SKATING

ADULT SINGLES FREE SKATING

In Adult competitions for Singles each grade will skate a free skate programme only. **Props are not permitted. Vocal music may be used.**

BRONZE

Duration: must not exceed 1 minute 50 seconds but may be less.

A well-balanced **BRONZE** programme must contain a **maximum of 7 elements:**

- A **maximum of four (4) jump elements**. Only single jumps are permitted, no axel type jump, no double or triples jumps can be included.
Each listed jump may be repeated only once.
There may be up to two jump combinations or jump sequences. One jump combination could consist of up to three jumps; the other combination must only consist of two jumps. A jump sequence may consist of any number of single jumps, however, only the two jumps with the highest value will count.
- A **maximum of two (2) spins of a different abbreviation**, one of which must be a spin in one position with no change of foot. The spins must have a required minimum number of revolutions: three (3) for a spin with only one position and no change of foot; four (4) for the spin combination with no change of foot and six (3+3) for the spin combination with a change of foot or the spin in one position with change of foot. **Flying spins are not permitted.**
- A **maximum of one (1) choreographic sequence** covering at least ½ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

SILVER

Duration: must not exceed 2 minutes 10 seconds but may be less.

A well-balanced **SILVER** programme must contain a **maximum of 9 elements:**

- A **maximum of five (5) jump elements**. All single jumps are permitted. No double or triple jumps are permitted.
Each listed jump may be repeated only once.
There may be up to three jump combinations or jump sequences. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. A jump sequence may consist of any number of single jumps, however, only the two jumps with the highest value will count.
- A **maximum of three (3) spins of different abbreviations**, one of which must be a spin combination.
The spins must have a required minimum number of revolutions: three (3) for a flying spin with no change of foot after landing, three (3) for a spin with only one position and no change of foot, four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot or spin in one position with a change of foot.
- A **maximum of one (1) choreographic sequence** covering at least ½ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

GOLD

Duration: must not exceed 2 minutes 50 seconds but may be less.

A well-balanced **GOLD** programme must contain a **maximum of 10 elements:**

- A **maximum of 6 jump elements**; can include single and double jumps, excluding double flip, double Lutz and double Axel. No triple jumps are permitted.
Each listed jump may be repeated only once.
There may be up to three jump combinations or jump sequences. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. A jump sequence may consist of

- any number of single and double jumps, excluding double flip, double Lutz and double Axel and all triple jumps, however, only the two jumps with the highest value will count.
- A **maximum of three (3) spins of different abbreviations**, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for a flying spin with no change of foot after landing; four (4) for a spin with only one position and no change of foot; four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot or spin in one position with a change of foot.
 - A **maximum of one (1) step sequence** fully utilising the ice surface. Only features up to Level 3 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

ELITE

Duration: must not exceed 3 minutes 10 seconds but may be less.

A well-balanced **ELITE** programme must contain a **maximum of 11 elements:**

- A **maximum of seven (7) jump elements**, one of which must be an Axel type jump. Single, double and triple jumps are permitted.
Each listed jump may be repeated only once.
There may be up to three jump combinations or jump sequences. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. A jump sequence may consist of any number of jumps of any number of revolutions, however, only the two jumps with the highest value will count.
- A **maximum of three (3) spins of different abbreviations**, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for a flying spin with no change of foot after landing, five (5) for a spin with only one position and no change of foot; five (5) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot or spin in one position with a change of foot.
- A **maximum of one (1) step sequence**, fully utilising the ice surface.

BRONZE, SILVER, and GOLD INTERPRETIVE PROGRAMMES

Duration: Bronze and Silver must not exceed 1 minute and 40 seconds

Gold must not exceed 2 minutes and 10 seconds

Vocal music is permitted.

The Interpretive programme will be judged only on the basis of the five Component Marks. The programme should consist of a variety of skating moves selected for their value to enhance the skater's interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills.

The Interpretive programme must include:

- a) A minimum of one and a maximum of two single jumps
- b) A minimum of one and a maximum of two spins

No axel type jump or double jumps or combination jumps are permitted. Credit for jumps and spins are based solely on the ability of such movements to enhance the chosen theme and support the music. No credit will be given for their technical difficulty.

The programme must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the programme and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds.

Elements exceeding the maximum number will be judged as an illegal element and receive a 1.0 deduction. Elements lacking in number will receive a 1.0 deduction.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

- Props may not be used in any part of the programme. Any item that is held in the hand or removed during the performance is considered a prop. A hat worn throughout the programme is not considered a prop unless intentionally removed.
- Objects on the ice, thrown to the audience, placed on the boards or on the Judges' tables are not permitted.
- Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

Illegal elements

- Somersault type jumps
- Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

PAIR SKATING:

For all grades new ISU Communications will not be valid for New Zealand competitions that commence within two weeks of the date of publication.

PAIR SKATING SHORT PROGRAMME

- SENIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.
- JUNIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.
- NOVICE** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice.

PAIR SKATING FREE PROGRAMME

- SENIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.
- JUNIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.
- NOVICE** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice.
- PRIMARY** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice.

PRE PRIMARY **Duration:** 2 minutes 30 seconds (+/- 10 seconds)

A well-balanced **Pre Primary** programme must contain a maximum of 6 elements:

- **one (1) solo jump**
- **one (1) jump combination or sequence**
- **one (1) solo spin or solo spin combination** (minimum of 4 revolutions);
- **one (1) pair spin or pair spin combination** (minimum of 3 revolutions);
- **one (1) Single Throw Jump**
- **one (1) choreographic sequence** which includes at least one (1) spiral position of each partner (not a kick). The sequence will have a fixed Base value and be evaluated in GOE only

NOTE: For Pre Primary Pair Skating, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

JUVENILE **Duration:** 2 minutes 15 seconds (+/- 10 seconds)

A well-balanced **Juvenile** programme must contain a maximum of 5 elements:

- **one (1) solo jump**
- **one (1) solo spin or solo spin combination** (minimum of 4 revolutions)
- **one (1) pair spin or pair spin combination** (minimum of 3 revolutions)
- **one (1) pivot figure**
- **one (1) choreographic sequence** which includes at least one (1) spiral position of each partner (not a kick). The sequence will have a fixed Base value and be evaluated in GOE only

NOTE: For Juvenile Pair Skating, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

ADULT PAIRS FREESKATING

In the Adult competitions for Pair Skating each grade will skate a free skate programme only. **Props are not permitted.**

BRONZE Duration: maximum of 2 minutes 10 seconds but may be less.

A well-balanced Bronze programme may contain a **maximum of 6 elements:**

- **one (1) solo jump.** Only single jumps are permitted.
- **one (1) jump combination** with a maximum of three jumps included **or one (1) jump sequence** (the two jumps with the highest value will count for points)
- **one (1) pair spin** (minimum of three (3) revolutions) **or pair combination spin** (minimum of four (4) revolutions);
- **one (1) solo spin** (minimum of three (3) revolutions for one position or flying spin **or solo combination spin** with or without a change of foot (minimum of four (4) revolutions);
- **one (1) pivot spiral** (at least $\frac{3}{4}$ revolution in pivot position by the man is required)
- **one (1) choreographic sequence** covering at least 50% of the usual pattern, i.e. covering $\frac{1}{2}$ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

SILVER Duration: maximum of 2 minutes 40 seconds but may be less.

A well-balanced Silver programme may contain a **maximum of 8 elements:**

- **one (1) lift**, which can be chosen from Group 1, or 2 (Lifts are not essential and, if included, must be performed with full extension of the lifting arm).
- **two (2) solo jumps.** Only single jumps are permitted.
- **one (1) jump combination** with a maximum of three jumps included **or one (1) jump sequence** (the two jumps with the highest value will count for points). Only single jumps are permitted
- **one (1) pair spin** (minimum of three (3) revolutions) **or pair combination spin** (minimum of four (4) revolutions);
- **one (1) solo spin** (minimum of three (3) revolutions for one position or flying spin **or solo combination spin** with or without a change of foot (minimum of four (4) revolutions);
- **one (1) pivot spiral** (at least $\frac{3}{4}$ revolution in pivot position by the man is required)
- **one (1) choreographic sequence** covering at least $\frac{1}{2}$ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

GOLD Duration: maximum of two minutes 50 seconds but may be less.

Pairs must perform a well-balanced programme that may contain:

- A **maximum of two (2) different lifts** of Group 1 or Group 2 with a minimum $\frac{1}{2}$ revolution for the man and 1 revolution for the lady. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are **not** permitted. Overhead lifts and twist lifts are **not** permitted. A different take-off counts as a different lift.
- A **maximum of one (1) throw jump** (Only single jumps are permitted).
- A **maximum of one (1) solo jump.** Only single jumps are permitted.
- A **maximum of one (1) jump combination** with a maximum of three jumps included **or one (1) jump sequence** with any number of jumps (the two jumps with the highest value will count for points). Only single jumps are permitted.
- A **maximum of one (1) pair spin** (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin.
- A **maximum of one death spiral or pivot spiral** (position optional). At least $\frac{3}{4}$ revolution in pivot position by the man is required.
- A **maximum of one (1) choreographic sequence** fully utilising the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

ELITE Duration: maximum of 3 minutes 10 seconds but may be less.

Pairs must perform a well-balanced programme that may contain:

- A **maximum of three (3) different lifts**, one of which may be a twist lift.

- A **maximum of two (2) throw jumps** (single or double);
- A **maximum of one (1) solo jump**. Single, double and triple jumps are permitted.
- A **maximum of one (1) jump combination** with a maximum of three listed jumps or **one (1) jump sequence** with any number of jumps (the two jumps with the highest value will count for points).
- A **maximum of one (1) pair spin (pair spin or pair combination spin)**. The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin.
- A **maximum of one solo spin**. The spin must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot, five (5) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot or spin in one position with change of foot.
- A **maximum of one death spiral or pivot spiral** (position optional). At least $\frac{3}{4}$ revolution in pivot position by the man is required.
- A **maximum of one (1) step sequence or one (1) choreographic sequence** fully utilising the ice surface. Only features up to Level 3 will be counted for the step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel. The Choreographic Sequence will be awarded a fixed base value and evaluated by the judges in GOE.

ICE DANCE

For all grades new ISU Communications will not be valid for New Zealand competitions that commence within two weeks of the date of publication.

PATTERN DANCES

SENIOR	not required
JUNIOR	not required
NOVICE	As per Novice Advanced requirements published in ISU Communications. At the New Zealand National Championships the draw will be held without regard to what has been competed earlier in the year.
PRIMARY	As per Novice Basic requirements published in ISU Communications
PRE PRIMARY	Group 2: Willow Waltz, Fourteenstep
JUVENILE	Group 2: Fiesta Tango, Willow Waltz

SHORT DANCE

Senior & Junior Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior and Junior respectively.

JUVENILE, PRE PRIMARY, PRIMARY and NOVICE: Not required

FREE DANCE

SENIOR
Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.

JUNIOR
Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.

NOVICE:
As per current requirements for Novice Advanced as published in ISU Communications.

PRIMARY:
As per current requirements for Novice Basic as published in ISU Communications.

PRE PRIMARY: **Duration:** 2 minutes +/- 10 seconds

A maximum of **three required elements:**

- **One (1) Short Lift,**
- **One (1) Straight Line Step Sequence (Midline or Diagonal) in Hold or Curved Step Sequence (Circular or Serpentine) in Hold.** The restrictions listed in ISU Communications apply.
- **One (1) set of Synchronised Twizzles**

The dance spin is not included in the list of required elements for the Pre Primary Free Dance. Nevertheless, a spinning movement skated by the couple together in any hold around a common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the judges will not consider these movements as one of the permitted stops.

Levels Explanation: For Pre Primary Free Dance, in all required elements, only features up to Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

JUVENILE: **Duration:** 1 minute 30 seconds +/- 10 seconds

A maximum of **two required elements:**

- **One (1) Short Lift,** chosen from the following types of lifts
 - a) Straight line lift
 - b) Curve lift
- **One (1) Straight Line Step Sequence (Midline or Diagonal) in Hold or Curved Step Sequence (Circular or Serpentine) in Hold.** The restrictions listed in ISU Communications apply.

The dance spin is not included in the list of required elements for the Juvenile Free Dance. Nevertheless, a spinning movement skated by the couple together in any hold around a common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the judges will not consider these movements as one of the permitted stops.

Levels Explanation: For Juvenile Free Dance, in all required elements, only features up to Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

NZ WALTZING TROPHY - European Waltz

NORMAN WRIGHT WALTZING TROPHY - American Waltz

ADULT ICE DANCING

Adult Ice Dance consists of the following separate events:

- Pattern Dance event (all grade levels)
- Short Dance event (open grade)
- Free Dance event (all grade levels)

i) PATTERN DANCE EVENT REQUIREMENTS

BRONZE **2016:** Foxtrot, European Waltz

SILVER	2016: Rocker Foxtrot, Blues
GOLD	2016: Viennese Waltz, Cha Cha Congelado
ELITE	2016: Golden Waltz, Cha Cha Congelado

NOTE: Those ice dancers who wish to compete at an international competition in the Bronze, Silver or Gold Pattern Dance event, will need to check the announcement for the current dances for that year.

ii) SHORT DANCE EVENT REQUIREMENTS (Open Grade): maximum duration of 2 minutes 50 seconds but may be less.

The composition of the Short Dance will be as per the ISU requirements for Junior Short Dance for that year. Music for the entire Short Dance is provided by the couple and may be vocal. The music for the specified Pattern Dance Elements must be within the announced tempo range (announced by ISU each year).

iii) FREE DANCE EVENT REQUIREMENTS:

For all grades: Vocal music is permitted. No props are permitted. General requirements as per ISU Rule 710.

BRONZE: maximum duration of 2 minutes but may be less

Required Elements:

- A maximum of one (1) **Short Lift**, with a maximum duration of 6 seconds.
- A maximum of one (1) **Diagonal Step Sequence in Hold Style B**.
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).

SILVER: maximum duration of 2 minutes and 40 seconds but may be less

Required Elements:

- A maximum of one (1) **Short Lift**, with a maximum duration of 6 seconds.
- A maximum of one (1) **Diagonal Step Sequence in Hold Style B**.
- A maximum of one (1) **set of Synchronised Twizzles**;
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).

GOLD: maximum duration of 3 minutes and 10 seconds but may be less.

Required Elements:

- A maximum of two (2) **different Dance Lifts**, 1 **Short Lift** with a maximum duration of 6 seconds and 1 **Long Lift** with a maximum duration of 12 seconds; OR **three (3) different types of Short Lifts**.
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).
- A maximum of one (1) **Circular Step Sequence in Hold Style A**.
- A maximum of one (1) **set of Synchronised Twizzles**.

ELITE: maximum duration of 3 minutes and 10 seconds but may be less.

Required Elements:

- A maximum of two (2) **different Dance Lifts**, 1 **Short Lift** with a maximum duration of 6 seconds and 1 **Long Lift** with a maximum duration of 12 seconds; OR **three (3) different types of Short Lifts**.
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).
- A maximum of one (1) **Circular Step Sequence in Hold Style A**.
- A maximum of one (1) **set of Synchronised Twizzles**.

SYNCHRONISED SKATING

MUSIC

Any music including vocal music using lyrics is permitted. However, the teams must skate the program in time to the music. Additions of the sounds of applause or cheers are not permitted.

WARM UP

Short & Free Skating Program – As per current ISU Rules

SHORT PROGRAMS for Junior and Senior grades only:

The short program, for the Junior and Senior grades only, may not exceed two minutes and fifty seconds duration but may be less provided that all elements have been included. The time must be reckoned from the moment the team begins to move or to skate until arriving at a complete stop at the end of the program.

Senior Short Program: As per current ISU Regulations.

Junior Short Program: As per current ISU Regulations

FREE SKATE PROGRAMS for all grades:

JUVENILE

As per current requirements for Novice Basic as published in ISU Communications.

MIXED AGE

As per current requirements for Novice Advanced as published in ISU Communications.

NOVICE

As per current requirements for Novice Advanced as published in ISU Communications.

JUNIOR

Requirements shall be as per current ISU Regulations and relevant ISU communications for Junior.

SENIOR

Requirements shall be as per current ISU Regulations and relevant ISU communications for Senior.

ADULT 3 minutes 30 seconds (+/- 10 seconds)

As per current requirements for Novice Advanced as published in ISU Communications.

EVENT WARM-UP TIMES

SINGLES: As per NZIFSA Rules 213.9 & 213.10.
6 minutes in duration.

PAIRS: As per NZIFSA Rules 213.9 & 213.10.
6 minutes in duration.

ICE DANCE: As per NZIFSA Rules 213.9 & 213.10.

Pattern Dance (including waltzing trophies): 4 minutes in duration(1 minute without music and up to 3 minutes with music)

Short and Free Dances: 5 minutes in duration.